FEBRUARY 2018 DIY





You should have: 1 cup, 1 lid, 1 shake powder package, & 1 straw. You also need milk and 1 ice cube.

- 1. Fill your cup with milk up until the heart mark.
- 2. Pour the shake powder into the milk and then add one ice cube.
- 3. Place the cap on the cup firmly. Make sure it is secure!
- 4. While holding the lid tightly, shake the cup up & down about 60 times.
- 5. Once you can no longer see any clumped powder, you are finished!